

Word of Mouth

SPRING 2008

Health and Oral Hygiene

It's a little known fact but cardiovascular disease (the top killer of men) has been researched and linked with poor oral hygiene. In addition gum disease has been linked with diabetes and osteoporosis.

Many modern men are becoming more aware of their appearance and cosmetic dentistry but there is still neglect in Oral hygiene. Why is this? Is it because male patients are more nervous? Or do they simply feel they do not have the time to visit the hygienist or dentist on a regular basis? Statistics show that men do not visit their doctor on a regular basis either.

So maybe it is the right time now to try to make those appointments that are so easy to put off.

Linda Peckham our Dental Hygienist would be delighted to see you.



Meet the Team



I'd like to welcome you to our first newsletter. Our aim is to keep you up to date with developments at the Surgery and to give you a chance to get to know us better. We hope to provide up to date information about modern dentistry and some interesting facts along the way. This newsletter is very important to us and we would be grateful for any feedback – if there are topics you would like us to feature in future newsletters then please let us know, either by email at info@draytondental.co.uk or simply mention your ideas at reception at your next dental appointment.

We would like to announce the recent launch of our website www.draytondental.co.uk why not log on and check it out!

Erin Murley, Editor

Something to sink your teeth into: Did you know?

- The first record of an actual toothpaste being used was recorded in 1780 and was a formula containing burnt bread
- Ivory dentures were popular in the 18th Century and were made from either human teeth from the graveyard or 'Waterloo' teeth from the battlefield, riveted onto an ivory base of walrus, elephant or hippopotamus bone!
- A man called Carl Kroller introduced cocaine as a local anaesthetic in 1884
- Lilian Murray became the first qualified female dentist in 1895.
- In 1943 the Women's Auxiliary Air Force trained the first dental hygienists.



Richard and Dayna



Emily



Erin



Ian and Claire



Jill

Crowning Moment



Have you ever wondered what a crown is? And the reasons behind having one? Ian takes a few moments to explain the reasons for having them and the types that are currently available.

REASONS:

DAMAGE – Teeth that have broken or that have had large fillings fall out sometimes require a crown to cover up the remaining tooth to protect it. Teeth that have been root filled often require crowning to keep the tooth strong after the nerve has been removed. And teeth that have stress fractures- these teeth can be very painful when pressure is applied to the tooth so we make a crown for the tooth so that when you bite you are not biting on the sore pressure point but on the crown instead.

COSMETICS – Sometimes people are unhappy with their smile or maybe a tooth is set slightly back from the rest and you would like to have it brought into line. This can be possible with a crown. If a tooth is much darker than the others and is not a suitable candidate for bleaching then a crown can be used to improve the appearance.

TYPES AVAILABLE

Full Gold crown – this is the strongest material available and suitable for big molar teeth at the back of the mouth that are not very noticeable.

Porcelain Bonded crown – these are crowns that have a metal base with porcelain fused on the visible so that the crowns look cosmetically better but also remain quite strong.

All Porcelain crowns – These crowns have a lovely appearance. They are as close to a natural tooth as we can make the crowns.

Whitening



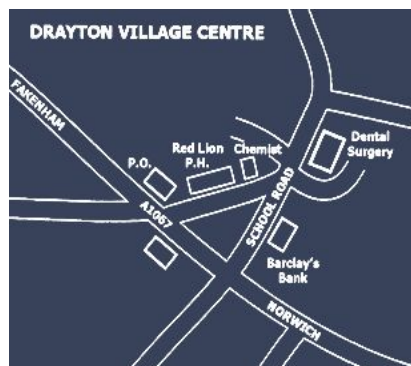
One of the most frequently asked questions Richard has at the Surgery is ‘Why are my teeth discoloured?’ Discolouration happens for lots of reasons, such as drinking tea and coffee, drinking red wine, and smoking. However discolouration is also part of the aging process and as we age our teeth change colour.

Often patients ask if whitening toothpaste will help to whiten their teeth but currently in this country the whitening toothpastes that are on the market are only allowed to contain limited ingredients so they only remove small amounts of staining as opposed to ‘whitening’ teeth.

Tooth whitening is a way to lighten your teeth and does not damage the tooth enamel. At the Surgery we provide tooth whitening as a cosmetic treatment in an easy at home tray technique. If you are interested in tooth whitening then why not enquire at your next check-up appointment and your dentist can let you know if you are a suitable candidate.

Surgery Opening Hours

We offer appointments
Monday – Friday
From
8.45am – 5.00pm



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